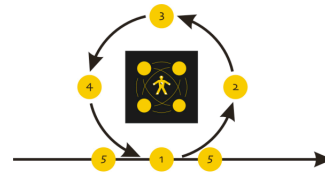


# The Five Rings Coaching Professional Program

## *Coaching in the Language of Movement*

**Add the 90% Non-Verbal Factor  
to what you know and can do with Words.**



**THE 2008 SIX-MONTH PROGRAM BEGINS MAY 22-25**

*For coaches, consultants, educators, therapists, managers, and anyone who works with people.*

*A leading edge program sponsored by IUPS*

**To register or find out more, visit:**

**<http://FiveRingsCoaching.com> or email us at: [5Rings@w-y-t.com](mailto:5Rings@w-y-t.com)**

***Receive a special IUPS discount - \$4200 – a 15% discount.***

### **The Constant Challenge**

*Words alone are often not enough. Link the verbal with the non-verbal for results that are faster, more effective, genuine, and honest.*

Working with the language of movement makes this possible and practical.

*"Of all the movement work I've done over the years, I use what I learned with Stuart and Carol Heller with most of my coaching clients and certainly with myself."*

**Terrie Lupberger**, MCC, CEO, Newfield Network

### **The Overlooked Answer**

Your results are shaped by how you move through life.

The way you move through life can be seen in the way you move through space.

By working with how you move through space, you can change how you move through life.

The more of yourself you bring to each moment the deeper and more far-reaching are the results.

### **In the Five Rings Coaching Program, you will:**

- 1. Learn simple and powerful non-verbal distinctions and change tools you can apply in your business and personal life.**
- 2. Learn how to notice, interpret, and use the wealth of information provided by your Movement Senses: balance, position, shape, dynamics, and tension.**
- 3. Learn new ways to understand, handle, and transform old habits, difficult situations, and charged memories.**
- 4. Discover what you don't know you know and can do.**
- 5. Earn ICF Continuing Education Units**

*"When I discovered Stuart over thirty years ago he already demonstrated a powerful ability to work with the energies of body, mind, and spirit. He has distilled the essence of his research into a method used effectively around the world."* **Dr. Irv Katz**, Chancellor, International University of Professional Studies